



capability

Megan J Buntine Consulting Services

Supporting individuals to create a life that is meaningful to them

Exploring Person Centred Practice
and Self Directed Approaches

HOW TO WORK WITH INDIVIDUALS

Despite all the philosophical, policy and legislative changes in recent years that have focussed on more Person Centred and Self Directed ways of providing supports and services to people, many Support Workers are still struggling to understand how to work with individuals in these ways.

We are here to help. Our workshop is facilitated by Megan Buntine who has been a volunteer citizen advocate for a man with multiple and complex needs for more than 20 years. Read on...



EXPLORING PERSON CENTRED PRACTICE AND SELF DIRECTED APPROACHES

The move towards Individualised Funding is enabling people to have greater choice and flexibility in how their supports are provided, so Support Workers and service providers that are more Person Centred and actively support Self Direction, are going to be the preferred workers and providers of the future!



So do you, or your staff, need a better understanding of what it means to be Person Centred and to truly support Self Direction?



Our new Workshop Training Program explores these concepts and helps Support Workers to increase their knowledge and understanding of these important approaches – and in doing so it will help you to better support the individuals you work with to create lives that are more meaningful to them.



CONTACT US NOW TO FIND OUT MORE

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**SUPPORTING INDIVIDUALS TO CREATE A
LIFE THAT IS MEANINGFUL TO THEM**

Exploring Person-Centered Practice and Self Directed Approaches Workshop Training Session Contents Summary

Introduction

- The journey of practice change and improvement

Elements:

Philosophies that underpin support provision

- Social Justice
- Human Rights
- Social Role Valorization
- Person Centredness
- Self Direction

The current regulatory context

- Legislation
- Standards
- Policy
- The coming of the National Disability Insurance Scheme

Putting the person at the centre of their life

- What do we currently do?
- How can we do it better?

Maximising Self Direction

- Principles
- Planning
- Funding
- Support

Some tools to facilitate effective person-centred planning

- MAPS
- PATH
- Personal Futures Planning
- Essential Lifestyle Planning

Conclusion:

- A checklist to ensure good practice
- Final questions?

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