



EXPLORING PERSON CENTRED PRACTICE & SELF DIRECTED APPROACHES

Helping people create a life that is
meaningful to them

LISTEN - SUPPORT - EMPOWER

Despite all the philosophical, policy and legislative changes in recent years, focusing on taking a much more **Person Centred** and **Self Directed** approach when providing support to people, many direct support workers are still struggling to understand how best to work with people in these ways.

This workshop delves into contemporary approaches to providing support in a way that is truly person centred, and will explore best practice approaches to supporting individuals to lead their best life.



capability

Megan J Buntine Consulting Services

About Megan J Buntine Consulting Services



Megan J Buntine Consulting Services is an owner-led consultancy practice that works to improve the capability of organisations and individuals.

"Through my knowledge, my skills, my experience, and my connections, I support the governing bodies and senior staff of all sorts of organisations to build greater governance, leadership and strategic capabilities, so they can deliver better supports and services to their stakeholders".

Megan Buntine

Megan has worked and volunteered across the human services and broader not-for-profit sectors for more than 30 years, as well as running her own businesses over the past 20 years.

She writes and speaks on a range of topics for a variety of audiences.

She particularly specialises in helping organisations with:

- Good Governance
- Strategic Planning
- Executive Coaching
- Board Mentoring
- Succession Planning
- Board Development
- Effective Leadership
- Compliance Management
- Board Evaluations
- Quality Improvement
- Risk Audits
- Tailored Training

An **inspiring** and impactful program to help you better **support** people to direct their own lives

THIS SESSION EXPLORES:



Social justice and human rights



Person centredness and self direction



How to ensure your support work is underpinned by these principles

Contact Megan to find out more:

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SUPPORTING INDIVIDUALS TO CREATE A LIFE THAT IS MEANINGFUL TO THEM

Training Overview

Introduction

- The journey of practice change and improvement

Philosophies that underpin support provision

- Social justice
- Human Rights
- Social Role Valorization
- Person Centredness
- Self Direction

The current regulatory context

- Legislation
- Standards
- Policy
- National Disability Insurance Scheme

Putting the person at the centre of their life

- What do we currently do?
- How can we do it better?
- Tools to facilitate effective person-centred planning

Maximising Self Direction

- Principles
- Planning
- Funding
- Support

Conclusion

- A checklist to ensure good practice
- Final questions?

Contact Megan to find out more:
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