

# SPRING RETREAT

INSPIRING AN AMAZING  
YEAR AHEAD FOR YOU



capability

Megan J Buntine Consulting Services



# Your Spring Retreat Awaits

EXPERIENCE AN INSPIRATIONAL GETAWAY FOR WOMEN LEADERS

## The Retreat

Imagine a beautiful four-day retreat, immersed in a secluded bush setting, focusing on rest, relaxation, inspiration and possibilities, and filled with good conversation and connection with a small group of other dynamic women...

## Why you should attend



### Take time out for you

Perfect for busy women leaders who want to make more time to focus on their own needs and desires



### Escape the rat race

Private rooms, secluded walking tracks, expansive decks to relax and soak in the majestic mountain views - it's all here



### Immerse in rejuvenating activities

Sound bath, breath work, and yoga to help you destress, plus inspirational activities to help you imagine your perfect year ahead

## The Details

### Dates

Thursday 24th October - Sunday 27th October 2024

### Location

Cheeky Fox Retreat  
36 Extons Road, Kinglake VIC

### Pricing

Three pricing levels (see next page)  
Payment plans available

### How to Register

Book in with Megan on:

Email:

[megan@mjbconsulting.net.au](mailto:megan@mjbconsulting.net.au)

Phone:

0421 525 048

*I loved every minute of Megan's Retreat!  
It was designed for optimum relaxation and I came away feeling  
totally rejuvenated with clarity about my direction.  
And I loved sharing it with a great group of like-minded women.*  
**Jo Hely, Medical Director, Insight Medical Careers**

# SPRING RETREAT

OCT 24 - 27 2024

## Retreat Pricing Levels



### Private Room

Soak up the solitude in your own personal space with your very own private room

**\$2,222**/person



### Bring a Buddy

Experience the retreat with a good friend or close colleague in your shared twin room

**\$1,755**/person



### Unaccompanied

Get to know someone new sharing a twin room with one another

**\$1,888**/person

### All Pricing Levels Include:

- ✓ Stunning venue
- ✓ Private Chef preparing a delicious plant-based menu
- ✓ All meals and afternoon teas
- ✓ Sound Bath Session
- ✓ Imagining Session
- ✓ Possibility Session
- ✓ Relaxation and reflection
- ✓ Networking with new people
- ✓ Time to read and journal
- ✓ Breath Work Session
- ✓ Reflecting and Refining Session
- ✓ Priorities and Action Session
- ✓ Yoga Session
- ✓ GST



**SO JOIN ME...**  
for my transformational

**SPRING RETREAT**

I'd love to have you there if this  
resonates with you,

*Megan*

*Megan's Retreat was a great opportunity to relax, learn and grow  
in the most gentle environment with the encouragement of Megan  
and some other wonderful women.*

**Bev Hoffmann, CEO,  
North East Local Learning and Employment Network**